

## **ARLIC Rate Adjustments**

American Retirement Life Insurance Company (ARLIC) Medicare Supplement insurance plans are experiencing rate adjustments in the following states:

12/1/2019 - Nebraska, Wyoming

## **CHLIC Rate Adjustments**

Cigna Health and Life Insurance Company (CHLIC) Medicare Supplement insurance plans are experiencing rate adjustments in the following states:

12/1/2019 - South Carolina

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