



# CSB UPDATE

Timely news from Cigna Supplemental Benefits

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## Rate Adjustments

### ARLIC

American Retirement Life Insurance Company (ARLIC) Medicare Supplement insurance plans are experiencing rate adjustments in the following states:

**10/1/2020 - [Montana](#)**

Preview the [ARLIC rate adjustments](#) in each state listed above. Review the Outlines of Coverage by clicking each state.

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